

# Calhoun County Schools

## Secondary Lunch

March 2023

Feb 1, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 3/1/2023  Spaghetti Buttery Corn Romaine Spinach Salad Italian Dressin Pears Breadstick Milk Choice	Thu - 3/2/2023  Chicken Sandwich Sun Chips Seasoned Green Beans Cookie Chilled Pineapple Milk Choice	Fri - 3/3/2023  Pepperoni Pizza Buttery Corn Romaine Spinach Salad Ranch Dressing Spiced Apples Milk Choice
Mon - 3/6/2023  Cheeseburger Okra BBQ Baked Beans Mandarin Oranges Milk Choice	Tue - 3/7/2023  Chili Grilled Cheese Glazed Carrots Chilled Pineapple Milk Choice	Wed - 3/8/2023  Cheesy Pizza Dippers Marinara Sauce Pinto Beans Romaine Spinach Salad Ranch Dressing Fruit Cocktail Milk Choice	Thu - 3/9/2023  BBQ Chicken Sandwich Fries Mixed Vegetables Brownie Peaches Milk Choice	Fri - 3/10/2023  Crispito Shredded Cheese Pinto Beans Cool Ranch Doritos Romaine Tomato Salad Ranch Dressing Apple Milk Choice
Mon - 3/13/2023  Salisbury Steak Seasoned Green Beans Mashed Potatoes Roll Peaches Milk Choice	Tue - 3/14/2023  Hamburger Sliced Lettuce & Tomato Corn Nuggets Seasoned Green Beans Pears Milk Choice	Wed - 3/15/2023  Corndog Fries BBQ Baked Beans Banana Brownie Milk Choice	Thu - 3/16/2023  Chicken Quesadilla Salsa Spanish Rice Pinto Beans Romaine Tomato Salad Ranch Dressing Apple Milk Choice	Fri - 3/17/2023  Pepperoni Pizza Buttery Corn Romaine Spinach Salad Diced Tomatoes Ranch Dressing Applesauce Milk Choice
Mon - 3/20/2023  Hotdog Chili Sauce Fries BBQ Baked Beans Brownie Peaches Milk Choice	Tue - 3/21/2023  Chicken Nuggets Black-Eyed Peas Mashed Potatoes Roll Fruit Cocktail Milk Choice	Wed - 3/22/2023  Crispito Shredded Cheese Pinto Beans Romaine Tomato Salad Ranch Dressing Apple Milk Choice	Thu - 3/23/2023  Spaghetti California Vegetables Romaine Spinach Salad Breadstick Ranch Dressing Fresh Orange Milk Choice	Fri - 3/24/2023  Chicken Sandwich Carrot Sticks & Dip Cool Ranch Doritos Chocolate Chip Cookie Pears Milk Choice
Mon - 3/27/2023  Spring Break	Tue - 3/28/2023  Spring Break	Wed - 3/29/2023  Spring Break	Thu - 3/30/2023  Spring Break	Fri - 3/31/2023  Spring Break

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**